

# About accomplish



We provide specialist support for people with Mental Health needs, Autism, Learning Disabilities and Acquired Brain Injuries. Our therapeutic, residential and supported living services support over 1,000 people across England and Wales.

We believe in the potential of everyone and enable them to work towards their goals, live more independently and take control of their lives. We listen to each person to understand what they would like to achieve in life. We then work closely with them, their family, circle of support and other professionals to achieve them together.

We are passionate about quality and we specialise in supporting people to achieve their full potential. Our priority is to make every day amazing.

## Mental Health Services

Our focus is on recovery. We support people whose Mental Health is impacted by a personality disorder, an anxiety disorder, schizophrenia, depression, mood affective disorder, self-harm behaviour, suicidal ideation and substance misuse backgrounds.

We follow the Recovery Model whilst utilising tools such as the Recovery Star. This is completed collaboratively with the individual and their support team. The Recovery Star focuses on the 10 major life areas such as managing their Mental Health, physical health and self-care, identity and self-esteem. In using the Recovery Star, it enables staff to measure and summarise changes in the individual's Mental Health and behaviour.

**"We believe in enabling people to live fulfilled lives, their way".**

## Autism Services

When we meet an autistic person, we know that by listening to them and their friends and family, we will increase our understanding of how to support them. This helps us build an Autism Profile with each person. We encourage people to gain self awareness and increased understanding of their Autism. This enables us to provide the support which makes the most of the gifts and skills their Autism can bring, as well as seeking to reduce the difficulties each person will face.

Our experienced and well trained staff are supported by our Autism Advisor, Communication Development Workers, Psychologists, Clinical Support Nurses and Behavioural Advisors who have a wealth of knowledge and experience of working with autistic people.

We understand that people may feel anxious about change. We ensure that each person has a transition plan which includes pre-visits, personal information booklets, photo's, maps, timetables, social stories and schedules to ensure everyone feels welcome as well as comfortable.

**"We set the standard to bring out the amazing in people".**



## Acquired Brain Injury Services

Our Acquired Brain injury (ABI) services are dedicated to providing support for people with complex needs following a brain injury. We understand that no two people and no two brain injuries are the same. We offer a variety of supportive pathways, personalised to suit each person's specific needs. We are focussed on the strengths, interests and dreams of everyone we support.

### We utilise a range of tools including:

**BIIES** - Brain Injury Independence and Emotional Scale which measures independent living skills and emotional disposition.

**SASNOS** - St Andrews Swansea Neuro-behavioural Outcomes Scale which measures social interaction, relationships, engagement, cognition, inhibition (sexuality, social aspects and aggression) and band communication. A graph and profile chart is produced and the assessment is repeated prior to each review so outcomes are measured and shared.

**Goal Attainment Scoring (GAS)** - We support people to identify one or two goals to focus on (more if appropriate). The goals are broken down into smaller, manageable milestones. Daily records are kept to assess achievements and progress.

Our services also offer neuro-disability, to support people with conditions such as early onset dementia and Huntington's.

## Learning Disabilities Services

Our individual support plans enable people with Learning Disabilities to have more choice and control over their own lives, encouraging individuals to reach their full potential.

Everyone we support with a learning disability has a person-centred, strengths based assessment. The assessment highlights their existing abilities and identifies how support staff and specialist support can enhance their independent living skills.

The assessment is based on the Active Support model, which encourages the person's involvement in every aspect of their lives. Active Support is outcomes focused and allows for monitoring of progress towards the individual reaching their full potential.

We provide support with personal care, social and recreational needs, personal budget management, accessing the community, education and much more.

## Care Pathway

### Therapeutic

At Lakeside, our inpatient service located in Wyboston, Bedfordshire, we work to actively support people in a recovery outcome focussed way to transition to residential and supported living services.

### Residential

Our residential settings are tailored to meet the needs of each person who lives there. We work with people to develop their support plan which is unique to their individual needs.

### Supported Living

Our Supported Living services enable people to live independently in the community, in their own homes or in a supported tenancy. Support can be offered from a few hours to 24 hours a day as well as overnight support if needed.

Each person's pathway is unique. People can join at any point and move up or down the care pathway dependent on their needs.