

The Haven, Pembrokeshire Opening March 2020



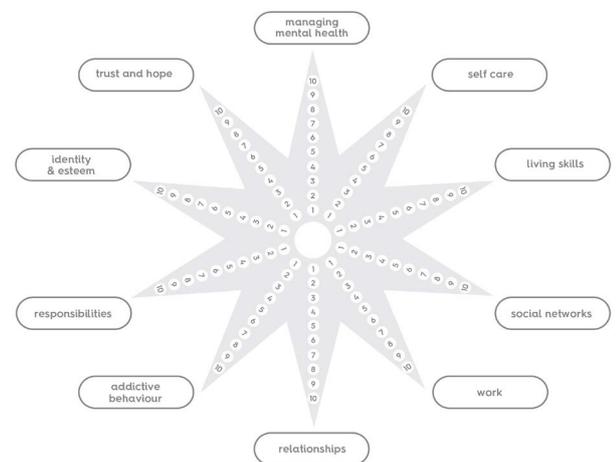
Our Support

The Haven will provide specialist support for 14 adults with Mental Health needs, Acquired Brain Injuries, Learning Disabilities and Physical Health needs. We will encourage and motivate each person to feel good about themselves and support them to gain confidence and do the things that are important to them and ultimately to lead happy and fulfilled lives. Everybody supported at The Haven will have a voice about what matters in their lives and our support is focused on ensuring that their voice is heard about every aspect of their lives. We see active support as a quality measure of the level of involvement that people have in determining their own lives.

Person-centred Planning/Outcome Focused Support

We provide positive, flexible and encouraging support for everyone. Our person-centred approach, enables people to achieve their goals and aspirations in life. Our staff support each person to create a person-centred plan that tells us how they want to live their life now and in the future. Through a range of communication tools, we ensure that each person is closely involved in the development of their own plan. For some people we support we use the Recovery Star Model, an outcomes-based measurement tool recognised by the Department of Health. By using the Recovery Star, we are able to support a person's recovery by measuring progress in areas including managing their Mental Health, enhancing living skills, building and maintaining social networks and building self-esteem to maximise independence.

Our staff are also trained in using tools such as the Active Support Model. This is a tool used to ensure people are involved with every aspect of their lives through carefully planned interventions and mentoring which enables development. The Active Support Model is outcomes focused, which allows monitoring of progress towards maximised participation.



Our Clinical Support Team

Our experienced and well trained staff are supported by our Autism Advisor, Clinical Support Team, Acquired Brain Injury Advisor and Behavioural Advisors. Their role is to work collaboratively with staff to develop and review support plans and introduce proactive strategies. Working alongside staff teams, they support people at times of extreme challenge or crisis. Our staff team can also access Consultancy Psychiatry, Psychology, Occupational Therapy and SALT support as required.

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Accommodation

The Haven is set off the main road in the centre of Haverfordwest. The residential home is split into three areas of accommodation:

- **Milford Haven** - A residential service for 6 people with Mental Health needs. It consists of a communal lounge, dining room, therapy room, office, a ground floor studio flat and first floor studio flat both with en-suite and kitchen. There are also 4 single bedrooms, 3 located on the first floor with 1 on the ground floor all of which have en-suite bathrooms.
- **Broad Haven** - Provides support for 6 people with Learning Disabilities and the accommodation is all on one level, which includes a communal lounge, a quiet room, kitchen, dining room, laundry room and office. There are 3 separate studio rooms with kitchens and en-suite wet rooms and another 3 separate bedrooms with en-suite wet rooms and access to a communal bathroom with a bath.
- **Little Haven** - 2 en-suite apartments with kitchens for people ready for living more independently.

Care and Support at The Haven

The Haven will provide day to day outcome focused care and support for people to achieve their dreams and live the life they choose. Nursing care is not provided at The Haven and we are unable to accept referrals for individuals who have a history of self-harm through the use of ligatures.

We can provide support with:

- Social and recreational needs
- Vocational retraining
- Personal budget and finance management
- Travel training
- Skills development and re-enablement
- Personal and health care needs
- Respite and outreach support
- Building links with friends, family and the community
- Household tasks
- Access to independent advocacy

To Make a Referral

If you are interested in making a referral or would like more information about The Haven, please call Simon Rogers on 07516 030186 or email manager.thehaven@accomplish-group.co.uk.

You can also complete and send your referral online at www.accomplish-group.co.uk/make-a-referral.